

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Our Calendar and links for each class can be found also on www.mildev.org</p> <p>If you need assistance with logging onto classes DO NOT hesitate to give us a call at 718-272-3905</p>	<p>WELCOME BACK!</p> <p>WE CAN NOW OPERATE AT 100%</p> <p>MASK AND 6FT APART IS STILL A MUST FOR ALL INDOOR ACTIVITIES!</p>			<p>1 APRIL FOOLS DAY</p> <p>8:30-1:00pm-Leisure Billiards</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00-Stress Relief Coloring & Chat w/Simone</p> <p>10:00-Coffee Chat w/ Yari (DGMH)</p> <p>11:00-Crochet w/Ms. Belma</p> <p>11:00- Technology Class w/Takycha</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00- Bingo w/ Bryan</p>
<p>4</p> <p>8:30-3:00-Ping Pong w/Bryan</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00- Balance Exercise w/Simone</p> <p>11:00-Agetastic Game w/Takycha</p> <p>11:00-2:00-Computer Lab</p> <p>12:00-Congregate & Grab & Go Meals</p> <p>1:00-Music Trivia w/Simone</p> <p>https://us06web.zoom.us/j/85622229716</p> <p>2:00-Membership Meeting</p> <p>3:00-Advisory Board Meeting</p>	<p>5</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00-Needle Point w/Takycha</p> <p>11:00- Pictionary w/Izora</p> <p>11:00-2:00-Computer Lab</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00-Line Dancing w/Darlene</p> <p>https://us06web.zoom.us/j/82119603373</p> <p>2:00- Family Feud (Leisure Game) w/ Takycha</p>	<p>6</p> <p>8:30-3:00-Ping Pong w/Bryan</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00- Balance Exercise w/Simone</p> <p>11:00- Crochet w/Ms. Belma</p> <p>11:00- Technology Class w/ Takycha</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00-Zumba w/Takycha</p> <p>1:00-Sing -a-long (Su-Casa) w/Scott</p> <p>2:00-Music Trivia w/Simone</p>	<p>7</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00- Older Adults Workout w/Bryan</p> <p>10:00-Arts & Culture w/Takycha</p> <p>11:00-2pm-Computer Lab</p> <p>11:00-Traffic Safety Presentation w/DOT</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00-Line Dancing w/Darlene</p> <p>2:00-Agetastic Game w/Takycha</p>	<p>8</p> <p>8:30-1:00pm- Leisure Billiards</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00-Stress Relief Coloring & Chat w/Simone</p> <p>10:00-Coffee Chat w/ Yari (DGMH)</p> <p>11:00- Technology Class w/Takycha</p> <p>11:00-Crochet w/Ms. Belma</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00- Bingo w/ Bryan</p>
<p>11</p> <p>8:30-3:00-Ping Pong w/Bryan</p> <p>8:30-Breakfast (Dine in only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00- Balance Exercise w/Simone</p> <p>11:00-Agetastic Game w/Takycha</p> <p>11:00-2:00-Computer Lab</p> <p>12:00-Congregate & Grab & Go Meals</p> <p>1:00-Music Trivia w/Simone</p> <p>2:00-Bingo w/Bryan</p>	<p>12</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00-Needle Point w/Takycha</p> <p>11:00- SIP & Paint w/Oak Street Health</p> <p>11:00-2:00-Computer Lab</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00-Line Dancing w/Darlene</p> <p>2:00-Let's Talk Vegetables w/Grow NYC</p> <p>https://us06web.zoom.us/j/97186674038</p>	<p>13</p> <p>8:30-3:00-Ping Pong w/Bryan</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00- Balance Exercise w/Simone</p> <p>11:00- Crochet w/Ms. Belma</p> <p>11:00- Technology Class w/ Takycha</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00-Zumba w/Takycha</p> <p>2:00-Music Trivia w/Simone</p>	<p>14</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00- Older Adults Workout w/Bryan</p> <p>10:00-Arts & Culture w/Takycha</p> <p>11:00-2pm-Computer Lab</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00-Line Dancing w/Darlene</p> <p>2:00-Agetastic Game w/Takycha</p>	<p>15 CENTER CLOSED</p> 
<p>18 Volunteer Appreciation Week</p> <p>8:30-3:00-Ping Pong w/Bryan</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00- Balance Exercise w/Simone</p> <p>11:00-Agetastic Game w/Takycha</p> <p>11:00-2:00-Computer Lab</p> <p>12:00-Congregate & Grab & Go Meals</p> <p>1:00-3:00-Sing -a-long (Su-Casa) w/Scott</p> <p>1:30-Music Trivia w/Simone</p> <p>2:00-Bingo w/Bryan</p>	<p>19</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00-Needle Point w/Takycha</p> <p>11:00- Pictionary w/Izora</p> <p>11:00-SIP & Paint w/Senior Whole Health (Kathy)</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00-Line Dancing w/Darlene</p> <p>2:00-Family Feud (Leisure Game) w/ Takycha</p> <p>2:00- Safety Tips Pres. w/Frank Farance (Virtual)</p> <p>https://us06web.zoom.us/j/83088727541</p>	<p>20</p> <p>8:30-3:00-Ping Pong w/Bryan</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00- Balance Exercise w/Simone</p> <p>11:00- Crochet w/Ms. Belma</p> <p>11:00-Cher Impersonator w/ Howard Newman</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00-Zumba w/Takycha</p> <p>1:00-3:00-Sing -a-long (Su-Casa) w/Scott</p>	<p>21</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00- Stress Relief Coloring & Chat w/Simone</p> <p>10:00- Older Adults Workout w/Bryan</p> <p>10:00-Arts & Culture w/Takycha</p> <p>11:00- SIP & Paint w/Oak Street Health</p> <p>12:00- Congregate & Grab & Go Meal</p> <p>1:00-Line Dancing w/Darlene</p> <p>2:00-Agetastic Game w/Takycha</p>	<p>22 FOOD DISTRIBUTION</p> <p>8:30-1:00-Leisure Billiards</p> <p>8:30-Breakfast (Dine in Only)</p> <p>9:00-Stress Relief Coloring & Chat w/Simone</p> <p>10:00-Coffee Chat w/ Yari (DGMH)</p> <p>11:00-Crochet w/Ms. Belma</p> <p>11:00-Technology Class w/Takycha</p> <p>12:00- Congregate & Grab & Go Meals</p> <p>1:00-Bingo w/ Bryan (Counted)</p>

<p>25 8:30-3:00-Ping Pong w/Bryan 8:30-Breakfast (Dine in Only) 9:00- Stress Relief Coloring & Chat w/Simone 10:00- Balance Exercise w/Simone 11:00- Agetastic Game w/Takycha 11:00-2:00-Computer Lab 12:00- Congregate & Grab & Go Meals 1:00-Music Trivia w/Simone 2:00-Bingo w/Bryan</p>	<p>26 8:30-Breakfast (Dine in Only) 9:00- Stress Relief Coloring & Chat w/Simone 10:00- Needle Point w/Takycha 11:00- Canvas Painting w/ Age Well (Kathy) 11:00-2:00-Computer Lab 12:00- Congregate & Grab & Go Meals 1:00-3:00-Sing-a-long (Su-Casa) w/Scott 1:00-Line Dancing w/Darlene 2:00-Family Feud (Leisure Game) w/ Takycha</p>	<p>27 8:30-3:00-Ping Pong w/Bryan 8:30-Breakfast (Dine in Only) 9:00- Stress Relief Coloring & Chat w/Simone 10:00- A Matter of Balance (Evidence Based) w/Robert Curran 10:00- Balance Exercise w/Simone 11:00- Crochet w/ Ms. Belma 11:00-Technology Class w/Takycha 12:00- Congregate & Grab & Go Meals 1:00-Zumba w/Takycha 2:00-Music Trivia w/Simone</p>	<p>28 8:30-Breakfast (Dine in Only) 9:00- Stress Relief Coloring & Chat w/Simone 10:00- Older Adults Workout w/Bryan 11:00- Arts & Culture w/Takycha 11:00-2:00-Computer Lab 12:00- Congregate & Grab & Go Meal 1:00-3:00-Sing-a-long (Su-Casa) w/Scott 1:00-Line Dancing w/Darlene 2:00-Agetastic Game w/Takycha</p>	<p>29 8:30-1:00pm-Leisure Billards 8:30-Breakfast (Dine in Only) 9:00- Stress Relief Coloring & Chat w/Simone 10:00-Coffee Chat w/ Yari (DGMH) 11:00- Crochet w/Ms. Belma 11:00-Technology Class w/Takycha 12:00- Congregate & Grab & Go Meals 1:30-Birthday Party w/Simone</p>
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UPCOMING ANNOUNCEMENTS

- ALL CLASSES ARE OFFERED VIRTUAL & HYBRID (IN-PERSON)
- WE ARE BACK operating at 100% Capacity, we are all still mandating to wear a mask for indoor activities and to maintain 6 feet apart.
- BREAKFAST is SERVED Monday – Friday @ 8:30am Dine In ONLY
- Lunch is Served as Dine in Only
As well as Grab and Go Meals will be offered as a supplemental meal

GOOD NEWS!!!

NEW! WE WILL START PLANNING TRIPS in MAY for JUNE!

